**BODY FUNCTIONS**

= physiological functions of body systems (including psychological functions)

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| b130 | **Energy and drive functions**  
General mental functions of physiological and psychological mechanisms that cause the individual to move towards satisfying specific needs and general goals in a persistent manner.  
Inclusions: functions of energy level, motivation, appetite, craving (including craving for substances that can be abused), and impulse control  
Exclusions: consciousness functions (b110); temperament and personality functions (b126); sleep functions (b134); psychomotor functions (b147); emotional functions (b152) |
| b134 | **Sleep functions**  
General mental functions of periodic, reversible and selective physical and mental disengagement from one's immediate environment accompanied by characteristic physiological changes.  
Inclusions: functions of amount of sleeping, and onset, maintenance and quality of sleep; functions involving the sleep cycle, such as in insomnia, hypersomnia and narcolepsy  
Exclusions: consciousness functions (b110); energy and drive functions (b130); attention functions (b140); psychomotor functions (b147) |
| b152 | **Emotional functions**  
Specific mental functions related to the feeling and affective components of the processes of the mind.  
Inclusions: functions of appropriateness of emotion, regulation and range of emotion; affect; sadness, happiness, love, fear, anger, hate, tension, anxiety, joy, sorrow; lability of emotion; flattening of affect  
Exclusions: temperament and personality functions (b126); energy and drive functions (b130) |
| b455 | **Exercise tolerance functions**  
Functions related to respiratory and cardiovascular capacity as required for enduring physical exertion.  
Inclusions: functions of physical endurance, aerobic capacity, stamina and fatiguability  
Exclusions: functions of the cardiovascular system (b410-b429); haematological system functions (b430); respiration functions (b440); respiratory muscle functions (b445); additional respiratory functions (b450) |
| b710 | **Mobility of joint functions**  
Functions of the range and ease of movement of a joint.  
Inclusions: functions of mobility of single or several joints, vertebral, shoulder, elbow, wrist, hip, knee, ankle, small joints of hands and feet; mobility of joints generalized; impairments such as in hypermobility of joints, frozen joints, frozen shoulder, arthritis  
Exclusions: stability of joint functions (b715); control of voluntary movement functions (b760) |
| b780 | **Sensations related to muscles and movement functions**  
Sensations associated with the muscles or muscle groups of the body and their movement.  
Inclusions: sensations of muscle stiffness and tightness of muscles, muscle spasm or constriction, and heaviness of muscles  
Exclusion: sensation of pain (b280) |

**BODY STRUCTURES**

= anatomical parts of the body such as organs, limbs and their components

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<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td>s740</td>
<td>Structure of pelvic region</td>
</tr>
<tr>
<td>s750</td>
<td>Structure of lower extremity</td>
</tr>
<tr>
<td>s760</td>
<td>Structure of trunk</td>
</tr>
<tr>
<td>s770</td>
<td>Additional musculoskeletal structures related to movement</td>
</tr>
</tbody>
</table>
### ACTIVITIES AND PARTICIPATION

= execution of a task or action by an individual and involvement in a life situation

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| d230 | Carrying out daily routine  
Carrying out simple or complex and coordinated actions in order to plan, manage and complete the requirements of day-to-day procedures or duties, such as budgeting time and making plans for separate activities throughout the day.  
Inclusions: managing and completing the daily routine; managing one's own activity level  
Exclusion: undertaking multiple tasks (d220) |
| d410 | Changing basic body position  
Getting into and out of a body position and moving from one location to another, such as getting up out of a chair to lie down on a bed, and getting into and out of positions of kneeling or squatting.  
Inclusion: changing body position from lying down, from squatting or kneeling, from sitting or standing, bending and shifting the body's centre of gravity  
Exclusion: transferring oneself (d420) |
| d450 | Walking  
Moving along a surface on foot, step by step, so that one foot is always on the ground, such as when strolling, sauntering, walking forwards, backwards, or sideways.  
Inclusions: walking short or long distances; walking on different surfaces; walking around obstacles  
Exclusions: transferring oneself (d420); moving around (d455) |
| d475 | Driving  
Being in control of and moving a vehicle or the animal that draws it, travelling under one's own direction or having at one's disposal any form of transportation, such as a car, bicycle, boat or animal-powered vehicle.  
Inclusions: driving human-powered transportation, motorized vehicles, animal-powered vehicles  
Exclusions: moving around using equipment (d465); using transportation (d470) |
| d760 | Family relationships  
Creating and maintaining kinship relationships, such as with members of the nuclear family, extended family, foster and adopted family and step-relationships, more distant relationships such as second cousins, or legal guardians.  
Inclusions: parent-child and child-parent relationships, sibling and extended family relationships |
| d845 | Acquiring, keeping and terminating a job  
Seeking, finding and choosing employment, being hired and accepting employment, maintaining and advancing through a job, trade, occupation or profession, and leaving a job in an appropriate manner.  
Inclusions: seeking employment; preparing a resume or curriculum vitae; contacting employers and preparing interviews; maintaining a job; monitoring one's own work performance; giving notice; and terminating a job |
| d850 | Remunerative employment  
Engaging in all aspects of work, as an occupation, trade, profession or other form of employment, for payment, as an employee, full or part time, or self-employed, such as seeking employment and getting a job, doing the required tasks of the job, attending work on time as required, supervising other workers or being supervised, and performing required tasks alone or in groups.  
Inclusions: self-employment, part-time and full-time employment |
| d920 | Recreation and leisure  
Engaging in any form of play, recreational or leisure activity, such as informal or organized play and sports, programmes of physical fitness, relaxation, amusement or diversion, going to art galleries, museums, cinemas or theatres; engaging in crafts or hobbies, reading for enjoyment, playing musical instruments; sightseeing, tourism and travelling for pleasure.  
Inclusions: play, sports, arts and culture, crafts, hobbies and socializing  
Exclusions: riding animals for transportation (d480); remunerative and non-remunerative work (d850 and d855); religion and spirituality (d930); political life and citizenship (d950) |

### ENVIRONMENTAL FACTORS

= make up the physical, social and attitudinal environment in which people live and conduct their lives

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| e110 | Products or substances for personal consumption  
Any natural or human-made object or substance gathered, processed or manufactured for ingestion.  
Inclusions: food and drugs |
| e3 | Support and relationship  
This chapter is about people or animals that provide practical physical or emotional support, nurturing, protection, assistance and relationships to other persons, in their home, place of work, school or at play or in other aspects of their daily activities. The chapter does not encompass the attitudes of the person or people that are providing the support. The environmental factor being described is not the person or animal, but the amount of physical and emotional support the person or animal provides. |